

# Telegraph Magazine

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## Top of the chocs

Pointless to get fat and spotty on inferior chocolate so celebrate this year's Chocolate Festival (Oct 31-Nov 6)

with the best you can get – ie, chocolate with 70 per cent cocoa solids, which has the added advantage of keeping you healthy (good for the heart) and blemish-free. Amedei chocolate is unlike any you'll have tasted and comes in gorgeously old-fashioned packets printed with information on the type of bean from which your bar is made. From £3.50 for 100g; from [seventypercent.com](http://seventypercent.com); 0870-446 0770.

